



Onychomycosis Laser Treatments

What is Onychomycosis?

Onychomycosis is a fungal infection of the toenails or fingernails. Onychomycosis causes fingernails or toenails to thicken, discolor, disfigure, and split. At first, Onychomycosis appears to be only a cosmetic concern. Without treatment, however, the toenails can become so thick that they press against the inside of the shoes, causing pressure, irritation, and pain.

Treatment Options

Until now, most treatment options for this condition are topical nail lacquers and solutions that need to be applied to the nail daily. Other treatment options are oral medications such as Lamisil. Although these are effective treatment options, many of us do not have the time to apply a medication on our nails twice a day or are hesitant to go on medications that could potentially affect the liver.

However, there is an alternative treatment: laser therapy. Although laser therapy has been used in dermatology for other conditions, it is a new treatment option for toenail/finger nail fungus. Treatments are quick easy and relatively painless.

How does the treatment work?

The affected nails are treated with the laser until the nail starts to feel warm. This takes just a few seconds. With each treatment, the laser destroys the fungus infecting the nails. Generally 3 treatments are needed and are done 1 month apart.

If you have any further questions about this treatment, please ask our staff or providers.