



## Acne Laser

### How does the Candela V-Beam work?

The Candela V-Beam when used alone produces an intense burst of light that helps restructure sebaceous glands to improve acne and acne scarring . For a more intense treatment, this laser can also be used in conjunction with Levulan a photosensitizing medication. Levulan is placed on skin for 45 minutes. After the medication is applied to the skin it is treated with the candela V-Beam. The combination of Levulan with laser helps to fight bacteria that cause acne, reduce redness, and help restructure oil glands.

### How many treatments will I need?

Most acne patients improve significantly with 3-5 treatments each a month apart. However, the amount of treatments may vary per patient.

### What to expect?

The feeling of the laser pulse has been described as being snapped by a rubber band or a slight stinging sensation. Following the laser treatment, the area may continue to sting slightly or feel warm like a sunburn. You may also experience peeling, redness, the feeling of being sunburn, and mild bruising on the areas treated by the laser for a week.

For the patient's improvement, we recommend to avoid sun exposure 1 week prior to and after your treatment. It is common for patient's acne to get worse after the initial treatment, however, after several treatments patients will notice a marked improvement on their face. We ask that you stop all acne medications one week prior to your treatment.

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