



Laser Postoperative Care

Acne Laser

After the laser procedure, your skin may be slightly red and tender. This redness usually subsides within a few days. Please ask us how we can instantly reduce your redness with our Jane Iredale concealers.

All patients should avoid the sun two weeks prior to and after laser treatment. It is a good idea to wear a sunscreen of 30 SPF or higher during your treatment course.

It is safe to continue with your other acne medications, any topical creams or pills, during laser treatments.

Following laser treatment you may return to normal activities.

In most cases, three treatments may be required for best results; generally treatments are done every month.

Fraxel Laser

After the laser procedure, your skin may be slightly red, tender, and swollen. This redness and swelling usually subsides within a few days.

After the laser procedure, we recommend using a moisturizer 2-3 times a day.

All patients should avoid the sun two weeks prior to and after laser treatment. It is a good idea to wear a sunscreen of 30 SPF or higher during your treatment course.

After the procedure make up can be worn.

Laser Hair Removal

Area treated today may be slightly red and tender. This is normal and usually subsides within a few hours.

Do not be alarmed if there is no change in the next few days. Treated hairs can take up to two weeks to fall out.

All patients should avoid the sun two weeks prior to and after laser treatment. It is a good idea to wear a sunscreen of 30 SPF or higher during your treatment course.

Do not pluck or wax hairs two weeks before your next appointment. You may clip or shave.

Following laser treatment, you may return to normal activities.

Vascular Laser

The treated area may show a reddish/bruised discoloration.

This generally lasts 3-5 days but can be covered with makeup if desired Please ask our staff about our Jane Iredal concealers.

Arnica is a supplement that minimizes bruising.

This can be taken after the procedure to minimize bruising and quicken the healing process if bruises do appear. Follow instructions on the package. For your convenience this supplement can be purchased in our office.

Discomfort and stinging may also occur, but typically lasts no longer than a few hours. Tylenol may be taken during this time period if needed.

All patients should avoid the sun two weeks prior to and after laser treatment. It is a good idea to wear a sunscreen of 30 SPF or higher during your treatment course.

In most cases, three treatments may be required for best results; generally treatments are done every month.

Following laser treatment you may return to normal activities.

Tattoo Removal

After the laser procedure, your skin may be scabbed. This scabbing usually subsides within a few days.

Discomfort and stinging may also occur, but typically lasts no longer than a few hours. Tylenol may be taken during this time period if needed.

If a crust or scab develops, allow it to fall off on its own. Do not pick at the area. Keep the area moist with polysporin ointment until the crust falls off.

The amount of treatments varies depending on the size and coloring of your tattoo. Generally treatments are done every month.

Following laser treatment you may return to normal activities.