



Dermatology in the News

July 1, 2009

Volume 2, Issue 2

New Services at Florida Skin Center

SPECIAL POINTS OF INTEREST:

- > Our newest services at FSC
- > The benefits of Chemical Peels
- > Skincare products made simple
- > New A.G.E Interrupter cream

fraxel®

Remove years from your appearance!

Ask us how.



Upcoming Events

Fraxel & Hair Removal Laser Workshop:
10/10/09 at 1pm

Botox & Fillers Workshop:
10/24/09 at 9 am

We will keep you informed on any upcoming events.

Your Answer to Hair Loss: Low Level Laser Therapy for Hair Restoration. A common complaint, dermatologists hear from patients is a concern with hair loss. Until recently there were not a lot of treatment options available for these patients. They often included solutions, pills and surgery. Fortunately, these are **no longer the only options** available to patients with hair loss. Laser Phototherapy is the newest development for hair regrowth and maintenance and we are proud to announce that FSC now offers this innovative treatment for our patients.

Although it will not work for all types of hair loss; laser hair therapy will benefit **men and**

women with male/female pattern baldness, hereditary baldness, post partum hair loss and hair loss after illness or medications. Treatments are quick, easy, and painless. Patients being treated sit comfortably under the laser as the visible red light from this laser travels several layers into the tissue without harming the skin. A typical treatment regimen consists of two 30 minute treatments a week for three months. After three months, patients will periodically need treatment for maintenance. Most patients will notice that their hair grows faster and is more manageable after six weeks of treatment. As treatments continue,



patients will notice **pa-** decreased shedding and stimulated growth of new hair. Dr. Badia recommends doing laser phototherapy treatments in combination with our four step regimen to enhance the effects of the laser. If you have any questions about this treatment please ask Dr. Badia or any of our staff.

Quick Way to Bright Beautiful Skin

Have you ever looked in the mirror and noticed dullness to your skin? Maybe it just doesn't look as bright as it once did. Unfortunately as we get older our skin cells do not shed as quickly leaving a dull tired look to the surface of our skin. So how do we improve the appearance? Many over the counter products such as scrubs and buff puffs can offer quick solutions but may actually do more harm than good. Procedures we offer here at Florida Skin Center are superficial chemical peels to bring your skin "back to life".

So what exactly are Chemical Peels? Sometimes people here the word "chemical" and worry about scarring and looking unsightly for days and days, but rest assured our superficial peels are nothing like that. Alpha-hydroxy acids or beta-hydroxy acids are topically applied to create a uniform, controlled shedding of several layers of the dead dull skin. Once this dead skin sheds off new growth can occur, creating a fresh new vibrant appearance. Because our

peels are superficial there is minimal down time. You will see slight flaking like that of a mild sun burn or flaky dry skin for a few days. A simple moisturizer can be used to help hydrate if needed.

What changes will I see in my skin? The first thing you will notice is softness. After a few treatments you will notice reduction in blotchy and uneven pigmentation, age spots, and freckling, helping your skin look a more even color and tone. They also greatly help with acne and acne scarring by softening their appearance. Chemical peels have a wide range of benefits and can be used on anyone. At Florida Skin Center we have two licensed aestheticians on staff who can tailor a chemical peel to your specific skin type and needs. If you have any questions please feel free to ask for Shanah or Danielle.



What to Know About Skin Care

Given the abundance of skin products today, it is no wonder that choosing the best and most beneficial product for your skin type is no easy task. Everyone claims to have the “best product” and you cannot open a magazine, turn on a computer, or watch TV, without being bombarded by advertisements and endorsements by celebrities. All of this information can seem overwhelming, so most of us end up either not using anything at all or we go back to the product we have been using for as long as we can remember that is no longer producing results (which is the reason we are searching for a new one to begin with).

With the present economy, most of us need to make the most of what little extra spending money we have. We want to see the most results with one product, rather than a counter top overflowing with a product for wrinkles, another for brown spots, and one for sun damage prevention. Additionally, the time spent on the regimen of applying several products, every day and night; and remembering which one goes on first and which one goes on last is exhausting, to say the least.

The answer to your prayers, whether your goal is to preserve your youthful skin, or perhaps manage uneven pigment, im-

prove poor skin tone, minimize fine lines, reduce enlarged pores, counter sagginess, or soften wrinkles, is in the use of a good antioxidant. Just one right product (for your skin type) can make all the difference. Once you have determined your skin type, whether it is oily, dry, sensitive, mature, or youthful, finding the best product is easier.

Do your research. Consider the reputation of the product line. Most importantly, check the actual concentration of the wonder ingredient the product claims to have. More often than not, the product is watered down, resulting in a lower concentration, and you will be disappointed with the results.



SKINCEUTICALS

Florida Skin Center searched extensively for product lines that would benefit all of our patients. We wanted something that all skin types could benefit from. We attended several seminars, listening to the benefits of different

product lines and why they were considered the best. We unanimously decided on SkinCeuticals for our antioxidants.

SkinCeuticals produced actual research, statistics, and scientifically proven facts that substantiated the claims of their products. The SkinCeuticals skin care line is one that is most innovative and reputable for antioxidants. The company continues to improve on its products, resulting in more beneficial results for your skin. SkinCeuticals has patented many of their formulas of Vitamin C, Phloretin, Proxylane, and Blueberry extracts with an unprecedented concentration in each product. This skin care line has a product for everyone. Please ask us to help you decide which one is best for you.

Out and About

Florida Skin Center is proud to announce that our annual Children's Day was a success. Dr. Badia and staff treated children in the community free of charge on June 20, 2009. We would like to extend our gratitude to Kiwanis Club for all of their contributions and support.

At Florida Skin Center, we believe knowledge is power. So once again we offered to share our knowledge with the schools in our community. We were very excited that many of our hard working teachers have made time for us to visit their classes and teach the importance of sun protection.

Florida Skin Center was invited by Swim Florida to hand out sunscreen & information on sun safety at their “Every Child is a Swimmer” event. Dr. Badia and her staff also volunteered their time doing activities throughout the year including, the March of Dimes, the National Food Drive, Adopt a Highway, Hats and Hugs and we are looking forward to attending the American Cancer Society: Making Strides for Breast Cancer Walk.

New Product at Florida Skin Center

A.G.E. Interrupter is the newest and one of the best products to come from SkinCeuticals. A.G. E. Interrupter (Advanced Glycation End-Product) fights aging at its roots. A.G.E. is specifically formulated to improve the creping, thinning appearance of the skin caused by the natural aging process.

What makes this product better than anything else on the market? The formulation. A.G.E. contains 3 powerful ingredients: Blueberry Extract which prevents the breakdown of collagen and

elastin fibers, Proxylane which restores the water and nutrients that we lose as we age and, Phytosphingosine which helps to protect the skin's barrier to alleviate the discomfort associated with dry aging skin.

A.G.E. is categorized as a “corrective” treatment and is best for people with mature skin but is also proven to prevent premature signs of aging for those before they start. If you would like additional details please ask to speak with one of our aestheticians.

